

Patient Dental History

Name \_\_\_\_\_

Date \_\_\_\_\_

**Part I. Dental Experiences and Symptoms**

1. What is the main reason for your visit?  
\_\_\_\_\_

2. When you look inside your mouth, do you know what to look for?

	Yes	No
Tooth decay	<input type="checkbox"/>	<input type="checkbox"/>
Oral Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Gum Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cold Sores	<input type="checkbox"/>	<input type="checkbox"/>

3. Have you had dental X-rays in the past 2 years?

Yes Type \_\_\_\_\_  No

4. Have you had any complications or negative experiences associated with previous dental treatment?

No  Yes Explain \_\_\_\_\_

5. Generally, how have you felt about your previous dental appointments?

Very anxious and afraid  Don't care one way or the other  
 Somewhat anxious and afraid  Look forward to it

6. How much do you agree or disagree with this statement: Oral health affects general health.

Strongly agree  Agree  Disagree  Strongly disagree

7. Are you experiencing any of the following symptoms? *(Please check all that apply)*

- |  |   |  |   |                                     |
|--|---|--|---|-------------------------------------|
| <input type="checkbox"/> Sensitive teeth       | <input type="checkbox"/> Sore Jaw           | <input type="checkbox"/> Toothache             | <input type="checkbox"/> Sore gums      | <input type="checkbox"/> Bad breath |
| <input type="checkbox"/> Bleeding gums         | <input type="checkbox"/> Difficulty chewing | <input type="checkbox"/> Filling fell out      | <input type="checkbox"/> Dry mouth      | <input type="checkbox"/> Abscess    |
| <input type="checkbox"/> Burning sensation     | <input type="checkbox"/> Recession          | <input type="checkbox"/> Yellowing teeth       | <input type="checkbox"/> Sinus problems |                                     |
| <input type="checkbox"/> Swelling inside mouth | <input type="checkbox"/> Tartar buildup     | <input type="checkbox"/> Difficulty swallowing |   |                                     |

8. Do you clench or grind your teeth in the daytime or at night?

Yes  No

If yes, do you wear a bite guard? \_\_\_\_\_ For how long? \_\_\_\_\_

9. In the past two years, have you been concerned about your breath or the appearance of your teeth or face?

*(If yes, please check all that apply)*

- |  |  |                                     |                               |
|--|--|-------------------------------------|-------------------------------|
| <input type="checkbox"/> Yellowing/graying teeth | <input type="checkbox"/> Spacing between teeth | <input type="checkbox"/> Bad breath | <input type="checkbox"/> Gums |
| <input type="checkbox"/> Crowded, crooked teeth  | <input type="checkbox"/> Facial Profile        | <input type="checkbox"/> Stains     |                               |

10. Have you experienced any injuries to your teeth, face and jaw?

No  Yes Explain \_\_\_\_\_

11. Have you experienced any of the following?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Root planing      | <input type="checkbox"/> Gum surgery                     | <input type="checkbox"/> Severe pain of face/head                  |
| <input type="checkbox"/> Tooth extractions | <input type="checkbox"/> Orthodontics/braces             | <input type="checkbox"/> Bad reaction to a local anesthetic        |
| <input type="checkbox"/> Dental implants   | <input type="checkbox"/> Head and neck radiation therapy | <input type="checkbox"/> Prolonged bleeding after dental treatment |
| <input type="checkbox"/> Root canals       | <input type="checkbox"/> Jaw surgery                     | <input type="checkbox"/> Other                                     |

Part II. Oral Self-Care

1. Check the following you regularly use at home:
 

<input type="checkbox"/> Soft toothbrush	<input type="checkbox"/> Dental floss	<input type="checkbox"/> Floss threader	<input type="checkbox"/> Fluoride rinse or gel
<input type="checkbox"/> Hard toothbrush	<input type="checkbox"/> Special brush	<input type="checkbox"/> Toothpick	<input type="checkbox"/> Fluoridated drops/tablets
<input type="checkbox"/> Medium toothbrush	<input type="checkbox"/> Fluoride toothpaste	<input type="checkbox"/> Mouth rinse	<input type="checkbox"/> Fluoridated water
<input type="checkbox"/> Oral irrigator	<input type="checkbox"/> Rubber tip	<input type="checkbox"/> Whitening products	<input type="checkbox"/> Fluoridated water at day care
<input type="checkbox"/> Denture adhesive	<input type="checkbox"/> Powered interdental cleaner		<input type="checkbox"/> Bottled water
<input type="checkbox"/> Denture cleaner	<input type="checkbox"/> Power brush		<input type="checkbox"/> Other _____
  
2. Check the type of toothpaste you use:
 

<input type="checkbox"/> Fluoride	<input type="checkbox"/> Tartar control	<input type="checkbox"/> Gum benefit	<input type="checkbox"/> Multiple benefit
<input type="checkbox"/> Sensitivity protection	<input type="checkbox"/> Baking soda	<input type="checkbox"/> Peroxide	
  
3. Estimate how long it takes you to clean your teeth and gums each time:  
Please indicate your best and most reliable estimate.
 

Brushing _____	Flossing _____
(Time)	(Time)
  
4. About how many times each day/week do you brush and floss?
 

Brush about _____	times per day OR _____	times per week
Floss about _____	times per day OR _____	times per week
  
5. Do you find it difficult to maintain an oral hygiene schedule due to your job or other reasons?
 

<input type="checkbox"/> Yes	<input type="checkbox"/> No
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6. Do any conditions make it difficult for you to adequately clean your teeth? *(If yes, please check all that apply)*

<input type="checkbox"/> Hold a toothbrush	<input type="checkbox"/> Use dental floss	<input type="checkbox"/> Brush/floss for any length of time	<input type="checkbox"/> Poor vision
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7. Do you perform a monthly self-exam for oral cancer?
 

<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Part III. Between-Meal Snacks

Please check which sweets and starches you eat between meals frequently

Food	Frequency	Food	Frequency
<input type="checkbox"/> Breath mints	_____	<input type="checkbox"/> Canned/bottled beverages	_____
<input type="checkbox"/> Cough drops	_____	<input type="checkbox"/> Sugared liquids	_____
<input type="checkbox"/> Chewing gum	_____	<input type="checkbox"/> Chips	_____
<input type="checkbox"/> Dried fruits	_____	<input type="checkbox"/> Crackers	_____
<input type="checkbox"/> Cookies	_____	<input type="checkbox"/> Others	_____